



ANNE MARIE HURLEY  
PROFILER

EVALUATE PROSPECTIVE EMPLOYEES  
MAXIMIZE EMPLOYEE POTENTIAL  
BUILD COHESIVE TEAMS

## Meditation in the Work Place

Corporations such as New York Telephone, Xerox, and Kimberly-Clark are using various forms of relaxation, training and meditation. Research showed that employees were found to be less depressed and hostile, suffered fewer stress related disorders, and were absent less frequently.

For a confidential reading on this or any other subject, contact Anne Marie Hurley directly at: 605-342-3608.  
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